

# PHYSICAL EDUCATION (PHYD)

## PHYD 102 - Basketball: Men (1 Credits)

Course includes history, rules and basic techniques of basketball.

## PHYD 104 - Basketball: Women (1 Credits)

Course includes history, rules, and basic techniques of basketball.

## PHYD 105 - Volleyball (1 Credits)

Course includes history, rules, and basic techniques of volleyball.

## PHYD 106 - Special Topics in Physical Education (1-3 Credits)

This course will explore the various layers of physical education, with a focus on techniques, rules, safety, leadership, and administration of sport.

## PHYD 107 - Leisure Time Sports (1 Credits)

Course offers basic techniques, rules, and safety for the designated topic. This class will offer activities such as beach volleyball, corn hole, bocce ball, horseshoes and such activities.

## PHYD 108 - Pickleball (1 Credits)

This course introduces students to the fundamentals of pickleball, including basic rules, strategies, and techniques for singles and doubles play. Emphasis will be placed on developing physical fitness, hand-eye coordination, and teamwork, while fostering a fun and inclusive environment. Students of all skill levels are welcome.

## PHYD 110 - Individual Exercise: Weight Training (1 Credits)

Course includes basic techniques of weight training.

## PHYD 113 - Individual Exercise (1 Credits)

Course includes personal program of individual exercises.

## PHYD 130 - Introduction to Sports Management (3 Credits)

This course will examine all facets of Sports Management as they relate to the industry of sports: including topics such as the basic principles of management, marketing, law, finance and ethics in sports. Students will be challenged to apply knowledge of sport management to solve basic problems faced by sport managers. The course will also introduce and explore an understanding of career opportunities in the field of Sports Management. This is a core requirement for the Sports Management minor and a prerequisite for PHYD 330.

## PHYD 230 - Introduction to Coaching (3 Credits)

This course supports the Sports Management Minor as an elective, and recommended for anyone who wants to take PHYD 499 coaching internship tract. This course is specifically designed for students who desire an introduction to all facets of coaching sports at all levels.

## PHYD 302 - Basketball: Men (1 Credits)

Prerequisite: PHYD 102. Advanced instruction in basketball.

## PHYD 304 - Basketball: Women (1 Credits)

Prerequisite: PHYD 104. Advanced instruction in basketball.

## PHYD 306 - Special Topics in Athletics and Sports Administration and Coaching (1-3 Credits)

This course will explore the varying subjects related to specific aspects of athletics and/or sports administration and coaching with a focus on implementation and application of best practices.

## PHYD 307 - Leisure Time Sports (1 Credits)

Prerequisite: PHYD 107. Advanced instruction, knowledge, and skill sets in leisure sports such as beach volleyball, corn hole, bocce ball, horseshoes and other such activities.

## PHYD 310 - Individual Exercise: Weight Training (1 Credits)

Prerequisite: PHYD 110. Advanced instruction in weight training.

## PHYD 313 - Individual Exercise (1 Credits)

Prerequisite: PHYD 113. Advanced instruction in individual exercise.

## PHYD 330 - Events and Facility Management (3 Credits)

This course will examine all of the facets of public assembly facility management as they relate to sports arenas, ballparks, stadiums and other venues. Among the topics to be presented and explored will be: event booking, finance, marketing, operations, scheduling, staffing and ticketing. This is a core requirement for the Sports Management minor.

## PHYD 400 - Intercollegiate Baseball (1 Credits)

Participation on Intercollegiate Men's Baseball team.

## PHYD 403 - Intercollegiate Basketball: Men (1 Credits)

Participation on Intercollegiate Men's Basketball team.

## PHYD 404 - Intercollegiate Basketball: Women (1 Credits)

Participation on Intercollegiate Women's Basketball Team.

## PHYD 406 - Intercollegiate Cross Country: Men (1 Credits)

Participation on Intercollegiate Men's Cross Country Team.

## PHYD 407 - Intercollegiate Cross Country: Women (1 Credits)

Participation on Intercollegiate Women's Cross Country Team.

## PHYD 408 - Intercollegiate Women's Field Hockey (1 Credits)

Participation on Intercollegiate Women's Field Hockey Team.

## PHYD 410 - Intercollegiate Lacrosse: Men (1 Credits)

Participation on Intercollegiate Men's Lacrosse Team.

## PHYD 411 - Intercollegiate Lacrosse: Women (1 Credits)

Participation on Intercollegiate Women's Lacrosse Team.

## PHYD 412 - Intercollegiate Equestrian (1 Credits)

Participation of Intercollegiate Equestrian Team. Additional fees are required for ALL riding classes.

## PHYD 413 - Intercollegiate Soccer: Men (1 Credits)

Participation on Intercollegiate Men's Soccer Team.

## PHYD 414 - Intercollegiate Soccer: Women (1 Credits)

Participation on Intercollegiate Women's Soccer Team.

## PHYD 422 - Intercollegiate Softball: Women (1 Credits)

Participation on Intercollegiate Women's Softball Team.

## PHYD 428 - Intercollegiate Swimming and Diving: Men (1 Credits)

Participation on Intercollegiate Men's Swimming and Diving Team.

## PHYD 429 - Intercollegiate Swimming and Diving: Women (1 Credits)

Participation on Intercollegiate Women's Swimming and Diving Team.

## PHYD 431 - Intercollegiate Tennis: Men (1 Credits)

Participation on Intercollegiate Men's Tennis Team.

## PHYD 432 - Intercollegiate Tennis: Women (1 Credits)

Participation on Intercollegiate Women's Tennis Team.

## PHYD 451 - Team Sports, Men's Rugby (1 Credits)

Participation of the Team Sport of Men's Rugby. Additional fees are required.

## PHYD 452 - Team Sports, Women's Rugby (1 Credits)

Participation of the Team Sport of Women's Rugby. Additional fees are required.

## PHYD 453 - Team Sports, Esports (1 Credits)

Participation of the Team Sport of Esports. Additional fees are required.

## PHYD 482 - Intercollegiate Track: Men (1 Credits)

Participation on Intercollegiate Men's Track Team.

## PHYD 483 - Intercollegiate Track: Women (1 Credits)

Participation on Intercollegiate Women's Track Team.

**PHYD 484** - Intercollegiate Women's Volleyball (1 Credits)

Participation on Intercollegiate Women's Volleyball Team.

**PHYD 499** - Sports Management Internship (3 Credits)

Prerequisite: PHYD 330. This is a core requirement for the Sports Management minor. An internship is a supervised experience relating to the field of Sports Management. There will also be multiple seminar sessions throughout the semester relating to the internship experience.

**PHYD 499K** - Kinesiology Internship (1-3 Credits)

Prerequisite: Completion of one 200 or 300 level Kinesiology core course (C- or higher). An internship is a supervised experience relating to the field of Kinesiology. There will also be multiple seminar sessions throughout the semester relating to the internship experience.